

### Step 3 — Either God Is Everything or He is Nothing

I love this exercise which is also from *The Idiot's Guide*.

Faced with the First Step; a self-imposed crisis you cannot evade, are you now willing to fearlessly face the proposition that either God is everything or He is nothing?

Page 53, Paragraph 2

Consider each of the following questions on the next page in two ways.

1. First, on each of the following questions, ask yourself “What are my prospects for the future in this area of my life if God is nothing, and does not exist; if all I have is what I’ve had in the past to deal with these things?”

2. Next, go back through these questions and ask yourself “What are my prospects for the future in this area of my life if God is everything, and does exist; and His power will deal with them?”

Are you having trouble with personal relationships?

- If God is nothing:
- If God is everything:

Can you control your emotional nature?

- If God is nothing:
- If God is everything:

Are you prey to misery and depression?

- If God is nothing:
- If God is everything:

Can you make a living?

- If God is nothing:
- If God is everything:

Do you have a feeling of uselessness?

- If God is nothing:
- If God is everything:

Are you full of fear?

- If God is nothing:
- If God is everything:

Are you unhappy?

- If God is nothing:
- If God is everything:

Do you seem unable to be of real help to other people?

- If God is nothing
- If God is everything

Do you believe the answer to these problems is inside rather than outside of ourselves? (52:2)

- Have your ideas been working as far as solving the problems listed above?
- Do you believe the God idea might, are you willing to try? (52: 3)

Do you agree God either is or He isn't, what is your choice to be? (53: 2)

Do you agree, that deep down within every man, woman and child is the fundamental idea of God? (55: 2)

Are you willing to search fearlessly within your own heart to find God, are you willing to believe He is there?

Do you agree that it is only there that God can be found? (55: 3)