PRAYERS

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Thank you for keeping me sober. Please keep me sober today. Relieve me of the bondage of self. Show me how I can be of service. Help me let go of my will. Help me accept life on life's terms. Help me see the beauty of the world. Help me to stay in the moment. Help me to meditate. Help me be grateful for what I have. Help me do the next right thing. Help me let go of the story. Help me to listen without judgment. Relieve me of this obsession. Let the right words come to me. Give me compassion for those who are still sick and suffering.

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